Book Series

*Yearbook of Idiographic Science*

Series Editors
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Visit the *Yearbook of Idiographic Science website*

YIS has been thought as an annual series of volumes collecting contributes aimed at developing the integration of idiographic and nomothetic approaches in psychological and more in general social science.

At the beginning, 3 years ago, we got an agreement with an Italian publisher (FGP - Firera Publishing Group) interested in the scientific project and therefore willing to help the start up of this scientific enterprise.

After publishing the first volume (YIS 2008- yet published in 2009 – the Volume is freely available on the FPG’s website) we have had many positive feedbacks and signals of interests, as well as several submissions, from many parts of the world. This has provided an acceleration of the following issues - Above all, this led us to realize that it was time to give an editorial collocation to YIS that can be more consistent with the interest it has raised and that can ulteriorly raise.

FPG does not put constraint on this perspective, being aware and agreed of the necessity of a worldwide context for the YIS’s development. Moreover, there are no constraints in the possibility of going on in using the label “YIS”, starting from Volume 4.

The Series addresses a quite large potential public – students and researchers interested to theoretical and methodological development of psychology and, more in general, social science. Persons engaged with qualitative, dynamic informed models of analysis will find YIS a precious tool as well as a context enabling to develop a worlwide network of practices and cultures of research. The first three volumes’ TOC witness how large and constantly increasing is the interest around the scientific project.

**Books in this series:**

- Idiographic Approach to Health
- Methods of Psychological Intervention
- Reflexivity and Psychology
- Multicentric Identities in a Globalizing World
- Making Sense of Infinite Uniqueness

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The concept of health is a challenge of great complexity in terms of theoretical, methodological and intervention within the idiographic frame.

Health cannot be considered an abstract condition, but a means, a resource aimed at achieving objectives that relate to the ability of people to lead their lives in a productive way - individually, socially, and economically. Health is a process that is not based on the definition of standards and categories on the basis of which typifying the states of health. Rather, it has to be considered a process, on a large scale and on many entangled levels, aimed at generating a culture of the health as a resource for individuals and communities and to promote skills needed to transform these resources into developmental goals.

The notion of health, indeed, defined and interpreted in terms of "state" and not of process, meets the immediate paradox of being an indicator of normativity by reason of which we risk a proliferation of new and potentially infinite forms of "deviation". The approach of the idiographic sciences (see previous volumes of the Yearbook Idiographic Science Series, by same publisher IAP) considers that every psychological process (but in general every process, from organic to the social and cultural ones) is characterized by a contextual, situated and contingent dynamics. That dynamics is always characterized by a never-ending opening of its cycles and great variability. Conditions of stagnation and hypostatization are characteristic of all forms of disease (physical, mental and social) that sclerotize relational links between people and their environments. Health is therefore a process that presents oscillation in the same way of any developmental process that has moments of crisis and rupture in order to re-organize new forms of relationship with the social and cultural environment.

This book represent a fruitful way to deep many cogent issues and to dialogue with an idiographic perspective in order to discuss the concept of health, to define its cultural meanings and possible polysemy (e.g., wellness, care, hygiene, quality of life, resilience, prevention, healing, deviation/normality, subjective potentiality for development, etc.), its areas of pertinence and intervention (somatic, psychological, social) trying to offer possible alternatives to the "normalization" of health and creating new incentives for the reflection.

Methods of Psychological Intervention provides a rich collection of chapters that provide an invaluable resource to scholars, researchers and practitioners in psychology. Psychological interventions are becoming increasingly popular in contemporary societies. This volume is intended to help psychologists and other professionals understand how general psychological knowledge can serve to guide local and particular interventions. The present volume helps bridge the gap between general knowledge in the psychological sciences and particular instances of human behavior as it takes place in everyday life.

The volume forms part of the series 'Yearbook of Idiographic Science'. Authors draw on principles of idiographic science to formulate interventions applicable to a broad diversity of settings and institutions, such as educational settings, organizations, and medical settings. It similarly deals with various psychological behaviours targeted for intervention, such as gambling, family therapy, and crime. The volume will be of interest to scholars, researchers and practitioners working in the fields of psychology, social work, counseling, family therapy, education, organizational behavior & criminal justice.

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Reflexivity is a category that is too appealing not to arouse interest. It is a concept largely diffused in several psychological domains, as well as associated with epistemological, theoretical, methodological and practical discussions. At the same time, it is a very polysemic notion, understood and used in many different ways.

If one approaches the notion and tries to identify the semantic boundaries of its usage, the seeming solidity of the term fades away, and a rather liquid semantic field emerges – a field where several interpretations coexist, being contingent to the context of the discussion in which they are implemented. This is the reason that makes the notion of reflexivity a
prototypical example of the difficulties encountered by Psychology - and more in general social sciences - in the effort to define their own language. The term “reflexivity” - like many others the language of Psychology is full of - is used in daily life and thus its semantics is shaped by the pragmatic, contingent functions it serves in such communicational circumstances. The apparent - from afar - clearness of the concept does not concern its conceptual, epistemic status, but the capacity of the sign to contribute efficaciously to mediate and regulate the exchange.

The theoretical elaboration of the notion of reflexivity can be seen as one of the ways of performing the challenging task of developing an intentional language for Psychology. By working on such a notion one can realize that common sense lies at the core of psychological science and what it means to separate the former from the latter, so as to pursue the foundational task of developing Psychology as a theory-driven science.

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**Multicentric Identities in a Globalizing World**

Sergio Salvatore, University of Salento; Alessandro Gennaro, University of Salento; Jaan Valsiner, Niels Bohr Professor of Cultural Psychology, Aalborg University


The volume represents the continuing of a the Yearbook of Idiographic Science project, born in 2009 and developed through an annual series of volumes collecting contributes aimed at developing the integration of idiographic and nomothetic approaches in psychology and more in general social science.

This year’s YIS project received many positive feedbacks and signals of interest, as well as several submissions, from many parts of the world. This fifth volume directs attention to relevant and actual psycho-social phenomena as the development of identity in terms of self identity, social identity and local identity.

The volume is directed to students, researchers and clinicians, interested in deepening theoretical and methodological issues and improve clinical practices and research cultures.

**CONTENTS:**


Making Sense of Infinite Uniqueness
The Emerging System of Idiographic Science

Sergio Salvatore, University of Salento; Alessandro Gennaro, University of Salento; Jaan Valsiner, Niels Bohr Professor of Cultural Psychology, Aalborg University


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